What to do if You Can't Pay Your Bills Due to a Furlough or Layoff





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# Assess Your Current Financial Situation & Budget

If you're having trouble paying your bills, you're certainly not alone and shouldn't feel embarrassed or ashamed.

This is a challenging economic environment as state and local governments nationwide issue shelter-in-place orders and closures of all but essential businesses in an attempt to control the spread of the virus. The side effect of all this, of course, is the loss of jobs and income for millions of people, even if it's only temporary.

#### So, take a deep breath, and let's dive into what you can do:

**Assess where you stand financially** by making a list of your expenses, income sources (including unemployment), what you have in savings and other liquid assets



**Prioritize your expenses**, from most critical to those less important or essential. Start by separating your expenses:

- Fixed Expenses: Housing, Utilities, Food, Insurance, Debt
- Variable Expenses: Clothing, Hobbies & Entertainment, Personal Care, Recreation etc.

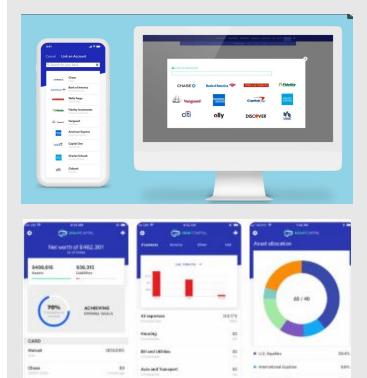


**Create a new budget** that includes only your most critical expenses and limits unnecessary spending. Use our free online budgeting tool.



Review cable bills, cell phone charges, memberships, subscriptions, and costly Apps to potentially cut costs

#### Use Our Free Online Financial Management Tool



#### **Create My Budget**

After using the Create My Budget link above to register for your free online budgeting and financial management tool, you will receive a confirmation email with instructions to download the Mobile App.



# **Quick Tips for Your Financial Wellbeing**



#### **Use Your Stimulus Check Wisely**

Use your stimulus check to cover basic necessities or bolster your emergency fund. Focus on paying your most critical expenses like housing, utilities, transportation, insurance, and food first, then focus on other debt like auto & credit card loans.



#### Tap up to \$100,000 Penalty-free from Your Retirement Plans

The CARES Act changed the rules regarding retirement plan withdrawals and penalties for 2020. To learn more about Penalty-Free Withdrawals or Loans of up to \$100,000 from your retirement account click here.



#### Lower Your Auto Insurance Premium

How many miles you drive each year is an important factor in determining your insurance cost. If you are driving less, you may be able to reduce your premium. Check with your insurance company.

Some insurance carriers are even refunding premiums automatically such as Allstate, State Farm, Geico, and Liberty Mutual.



#### **Eliminate Unwanted Subscriptions**

It's easy to lose track of all the subscription services we have signed up for over the years. Explore apps like Truebill and Trim to help identify subscriptions you no longer use or want.



# Contact Utility, Phone, and Cable Providers

Contact your utility, phone, and cable companies to discuss possible payment plans, waiving late fees, and other relief that may be available.



Many states have implemented programs that prohibit utility companies from disconnecting services during the COVID-19 pandemic.

#### What some companies are doing:

**Comcast:** Offering free access to its Xfinity WiFi hot spots, unlimited data, and not disconnecting internet service or charging late fees for customers who can't pay.

**AT&T:** Suspending the termination of wireless, home phone or broadband service when customers can't pay their bills.

**Verizon**: Waiving late fees and suspending service terminations.

**National Grid:** Suspending service disconnections and other collection related activities.

**Eversource:** Suspended disconnections and late fees, and is offering flexible payment plans for any past due amount.



## **Contact Your Credit Card Company**



# **Credit Cards**

Late payments can have a lasting impact on your credit. If you are not able to pay your credit card bills on time, contact each credit card company and explain how much you can afford to pay, and when you are likely to restart regular payments.

Credit card companies may:

- Waive late fees
- Lower your interest rate
- Allow you to delay or skip payments
- Lower your minimum payment amounts
- Increase your credit limit
- Be sure to inquire whether they will **report** any late or missed payments to **credit bureaus**.
  - Ask if they will **refund** any **reward points** you used to book a canceled trip



# **COVID-19 Related Card Payment & Debt Relief**

Some Credit Card Companies are providing COVID-19 Related aid to all Card Holders Automatically. Check with your credit card issuer to find out what specific relief may be available to you.



### **Check Your Card Options**

American Express Bank of America Barclays Capital One Chase Citi

Discover

HSBC

Navy Federal Credit Union PNC Synchrony Truist (BBT & Suntrust) U.S. Bank USAA Wells Fargo

### **Contact Your Student Loan Provider**



As part of the CARES Act, Federal Student Loan interest rates are set to zero, and payments suspended from March 13, 2020, until September 30, 2020.

For **private and other (non-federal) student loans**, be sure to contact your student loan service provider to explore your options to reduce or postpone payments.

Not sure who your student loan provider is? You can find out by visiting the U.S Department of Education Federal Student Aid website or call (800)433-3243, by checking your latest billing statement, or your credit report.



**Tip:** If your loan is for the current or upcoming school year, contact your financial aid office directly.

For more information read the Consumer Financial Protection Bureau's Student Loan FAQs to learn more about student loan repayments and the coronavirus pandemic.

**Tip:** If you already enrolled in an income-driven repayment plan but are experiencing a change in income, ask your servicer to recalculate your monthly payment.



#### Student Loan Service Providers

Cornerstone Fedloan - PHEAA Granite State - GSMR Great Lakes EdFinancial - HESC MOHELA Navient Nelnet OSLA Servicing ECSI Debt Resolution

## **Contact Your Auto Loan or Lease Provider**



# Auto Loans & Lease Payments

If you are having trouble making your auto loan or lease payment, don't just stop making the payments. The time to talk to your lender or leasing company is BEFORE you miss a payment.

Most banks, credit unions, leasing & financing companies, don't want to see you default on your loan or lease and potentially face repossession. Many lenders are offering a variety of options to help their customers through this difficult period.

Relief options may include:

- Extending your lease
- Eliminating late fees
- Deferring payments
- Revising your payment plan
- Not reporting late payments to credit agencies
- Extending your warranty

**credit karma** offers a great list of resources from major lenders on what relief programs may be available to you.





# **Contact Your Mortgage Lender**

If you can't pay your mortgage, or can only pay a portion, contact your mortgage lender right away. The CARES Act offers a variety of protection for some mortgage holders.

#### The type of mortgage you have may determine what type of assistance is available to you.

The CARES Act put in place protections for homeowners with **federally** backed mortgages. For loans owned by Fannie Mae or Freddie Mac, and FHA, VA, and USDA loans, you could temporarily delay your monthly mortgage payment, during which:

- You will not incur late fees
- You will not have delinquencies reported to credit bureaus
- Foreclosure and other legal proceedings will be suspended



#### To verify whether you have a Fannie Mae or Freddie Mac Mortgage:

- Is my loan backed by Fannie Mae?
- Is my loan backed by Freddie Mac?



To verify whether you have an FHA, VA or USDA Loan, look at your monthly mortgage statement or your closing documents if available.

### What if your Mortgage is NOT backed by the federal government?

Federal regulators have encouraged banks and mortgage providers to work with borrowers impacted by COVID-19. Contact your mortgage service provider to discuss what options may be available to you.



Your state may also offer mortgage relief options including suspension of foreclosures and other assistance.

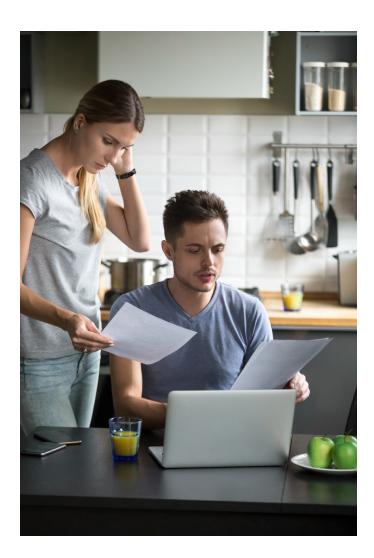


If you can't pay your rent on time, or at all, reach out to your landlord right away.

The **CARES Act** protects those living in various forms of public housing by providing a temporary moratorium on evictions, as well as late fees for nonpayment of rent for 120 days beginning March 27, 2020.

This moratorium also applies to renters in single or multifamily properties whose landlords have federally backed loans, including FHA, VA, USDA, Fannie Mae, and Freddie Mac

If the property you rent isn't covered by the CARES Act, many states have suspended all evictions and foreclosures due to the pandemic. Check the websites of your state government, state court, or legal aid program for details and updates.



# Work with Housing and Credit Counselors to Understand Your Options

If you need additional assistance with your mortgage or other debts these trained professionals provide advice for little or no cost, and they will work with you to discuss your situation, evaluate options, and even help you negotiate with your lenders and servicers.

**HUD-Approved Housing Counselors.** The U.S. Department of Housing and Urban Development (HUD)-approved housing counselors can discuss options with you if you're having trouble paying your mortgage loan or reverse mortgage loan. This may also include forbearance or a modified payment program.

**Credit Counselors.** Reputable credit counseling organizations are generally non-profit organizations that can advise you on your money and debts, and help you with a budget. Some may also help you negotiate with creditors. There are specific questions to ask to help you find a credit counseling organization to work with.

### Warning:

Be skeptical of any debt settlement company that promises to help you for an upfront fee.



Source: Consumerfinance.gov

# Explore Opportunities to Earn Extra Income

Look for ways to bring in extra income to help pay your monthly expenses or bolster your emergency funds. Here are some ideas on how to make money from home in isolation during COVID-19.

## Sell things you do not want or need:



Turn an old smartphone or tablet into cash with BuybackBoss.

# decluttr<sub>M</sub>

Decluttr is an online marketplace for selling old textbooks, electronics, cellphones and more-without worrying about online auctions.



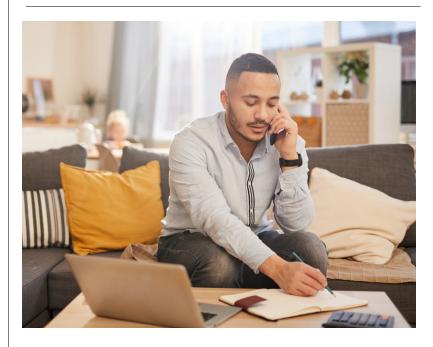


Both eBay and Amazon offer a variety of programs for selling your unwanted items online.

letgo

Letgo is an easy app download, and even easier to use. Post a picture and set the price of an item you want to sell to local shoppers. User verification and inapp chat functions make letgo a convenient and safe service.

# Work from Home Ideas





Explore Gig websites like Upwork, Guru, and Freelancer which typically list hundreds of tasks you can complete from home to earn extra money.

# Here are some popular in-demand skills that you may be able to offer:

- Online Tutoring (VIPKid, TutorMe, Chegg, Smarthinking)
- Narrate Audiobooks
- Copywriting
- Video Editing
- Coding
- Social Media Management

## **Other COVID-19 jobs that are in demand now:**

- Grocery Stores: Kroger, Costco, Safeway, and Albertsons
- Amazon: Hiring 100,000 new workers for fulfillment centers
- Food Delivery Services: Doordash, Grubhub, Postmates, Instacart
- Remote Meeting Companies: Zoom, Slack, Microsft teams
- Online Schools: Outschool is hiring thousands of teachers

Explore **FlexJobs** for thousands of remote, freelance, part-time and flexible jobs.



24,938 Current Flexible and Remote Jobs

50+ Flexible & Remote Career Fields



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- Identify opportunities where we may be able to assist you
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